## 'LIFE BE IN IT' CIRCUIT

| EVENT | 10:00 | 10:15 | 10:30 | 10:45 |
| :---: | :---: | :---: | :---: | :---: |
| Primary |  |  |  |  |
| Earthball 1 | Kat Butler | Carol Le Lant | Jodie Cunningham | Sally Warnecke |
| Earthball 2 | Judy Ellis | Mark Dorman | Des Norman | Megan Fitzpatrick |
| Fire Fighters Mat 1 | Sally Warnecke | Kat Butler | Carol Le Lant | Jodie Cunningham |
| Fire Fighters Mat 2 | Megan Fitzpatrick | Judy Ellis | Mark Dorman | Des Norman |
| Tug $0^{\prime}$ War 1 | Jodie Cunningham | Sally Warnecke | Kat Butler | Carol Le Lant |
| Tug o' War 2 | Des Norman | Megan Fitzpatrick | Judy Ellis | Mark Dorman |
| Fireman's Relay 1 | Carol Le Lant | Jodie Cunningham | Sally Warnecke | Kat Butler |
| Fireman's Relay 2 | Mark Dorman | Des Norman | Megan Fitzpatrick | Judy Ellis |
| Carol Le Lant's Year 1 class is included in the Primary section Jer |  |  |  |  |
| Upper Primary | 11:30 | 11:45 | 12:00 | 12:15 |
| Earthball 1 | Julie Welford | Kate McSkimming | Naomi Procter/ Renee Hanna | Lesley Webber/ Jonathon White |
| Earthball 2 | Shane Pluck | Glenda Weaver | Chris Braybrook | Heather Frances |
| Fire Fighters Mat 1 | Lesley Webber/ Jonathon White | Julie Welford | Kate McSkimming | Naomi Procter/ Renee Hanna |
| Fire Fighters Mat 2 | Heather Frances | Shane Pluck | Glenda Weaver | Chris Braybrook |
| Tug $0^{\prime}$ War 1 | Naomi Procter/ Renee Hanna | Lesley Webber/ Jonathon White | Julie Welford | Kate McSkimming |
| Tug o' War 2 | Chris Braybrook | Heather Frances | Shane Pluck | Glenda Weaver |
| Fireman's Relay 1 | Kate McSkimming | Naomi Procter/ Renee Hanna | Lesley Webber/ Jonathon White | Julie Welford |
| Fireman's Relay 2 | Glenda Weaver | Chris Braybrook | Heather Frances | Shane Pluck |
| Room 25 - Rachel Palmer's class is spread throughout the Year 2's |  |  |  |  |
| Lower Primary | 1:30 | 1:45 | 2:00 | 2:15 |
| Earthball 1 | Sue Speechely / Sue Myles | Ann Smith / Michelle Wyman | Veronica Scicchitano erro | Hilary Connor (Karen Hawkes) |
| Earthball 2 | Sarah Grant | Di Vertue | Sue Wilson - Bianca Fox / Dawn Drewer | Kathy Ellidge / Gabby De Pierro |
| Fire Fighters Mat 1 | Hilary Connor (Karen Hawkes) | Sue Speechely / Sue Myles | Ann Smith / Michelle Wyman | Veronica Scicchitano |
| Fire Fighters Mat 2 | Kathy Ellidge / Gabby De Pierro | Sarah Grant | Di Vertue | Sue Wilson - Bianca Fox / Dawn Drewer |
| Tug o' War 1 | Veronica Scicchitano | Hilary Connor (Karen Hawkes) | Sue Speechely / Sue Myles | Ann Smith / Michelle Wyman |
| Tug o' War 2 | Sue Wilson - Bianca Fox/ Dawn Drewer | Kathy Ellidge / Gabby De Pierro | Sarah Grant | Di Vertue |
| Parachute | Ann Smith / Michelle Wyman | Veronica Scicchitano | Hilary Connor (Karen Hawkes) | Sue Speechely / Sue Myles |
| Parachute | Di Vertue | Sue Wilson - Bianca Fox / Dawn Drewer | Kathy Ellidge / Gabby De Pierro | Sarah Grant |

## Come 'n' Try Sports

|  | 10:00 | 10:30 | 11:30 | 12:00 | 1:30 | 2:00 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Upper Primary |  | Lower Primary |  | Primary |  |
| Tennis | Lesley Webber Jonathon White | Naomi Proctor Renee Hanna | Di Vertue | Sarah Grant | Mark Dorman | Jodie <br> Cunningham |
| Basketball | Glenda Weaver | Kate <br> McSkimming | Sue Wilson Bianca Fox / Dawn Drewer | Hilary Connor (Karen Hawkes) | Des Norman | Sally Warnecke |
| Gymmastics | Chris <br> Braybrook | Shane Pluck | Sue Speechley Sue Myles | Kathy Ellidge Gabby De Pierro | Carol Le Lant | Meagan Fitzpatrick |
| Rugby | Heather Frances | Julie Welford | Veronica Scicchitano | Judy Ellis | Kat Butler | Ann Smith Michelle Wyman |
| Lacrosse | Naomi Proctor Renee Hanna | Lesley Webber Jonathon White | Sarah Grant | Di Vertue | Jodie <br> Cunningham | Mark Dorman |
| Baseball | Kate <br> McSkimming | Glenda Weaver | Hilary Connor (Karen Hawkes) | Sue Wilson Bianca Fox / Dawn Drewer | Sally Warnecke | Des Norman |
| Army Training | Shane Pluck | Chris Braybrook | Kathy Ellidge Gabby De Pierro | Sue Speechley Sue Myles | Meagan Fitzpatrick | Carol Le Lant |
| Golf | Julie Welford | Heather Frances | Judy Ellis | Veronica Scicchitano | Ann Smith Michelle Wyman | Kat Butler |
|  | Room 25 - Rachel Palmer's class is spread throughout the Year 2's Carol Le Lant's Year 1 class is included in the primary section |  |  |  |  |  |



## Athletics

| Lower Primary | 10:00 | $\mathbf{1 0 : 1 5}$ | $\mathbf{1 0 : 3 0}$ |  |
| :--- | :--- | :--- | :--- | :--- |
| Sprints | Sue Speechely / Sue Myles | Di Vertue | Ann Smith / Michelle Wyman | Sue Wilson - Bianca Fox / Dawn Drewer |
| Shot Put | Sarah Grant | Sue Speechely / Sue Myles | Di Vertue | Ann Smith / Michelle Wyman |
| Long Run | Hilary Connor (Karen Hawkes) | Sarah Grant | Sue Speechely / Sue Myles | Di Vertue |
| Javelin | Kathy Ellidge / Gabby De Pierro | Hilary Connor (Karen Hawkes) | Sarah Grant | Sue Speechely / Sue Myles |
| Hurdles | Veronica Scicchitano | Kathy Ellidge / Gabby De Pierro | Hilary Connor (Karen Hawkes) | Sarah Grant |
| Discus | Sue Wilson - Bianca Fox / Dawn Drewer | Veronica Scicchitano | Kathy Ellidge / Gabby De Pierro | Hilary Connor (Karen Hawkes) |
| Long Jump | Ann Smith / Michelle Wyman | Sue Wilson - Bianca Fox / Dawn Drewer | Veronica Scicchitano | Kathy Ellidge / Gabby De Pierro |
| High Jump | Di Vertue | Ann Smith / Michelle Wyman | Sue Wilson - Bianca Fox / Dawn Drewer | Veronica Scicchitano |

Carol Le Lant's Year 1 class is included in the Primary section

| Primary | $\mathbf{1 1 : 3 0}$ | $\mathbf{1 1 : 4 5}$ | $\mathbf{1 2 : 0 0}$ |  |
| :--- | :--- | :--- | :--- | :--- |
| Sprints | Kat Butler | Mark Dorman | Carol Le Lant | 12:15 |
| Shot Put | Judy Ellis | Kat Butler | Mark Dorman | Caros Norman |
| Long Run | Sally Warnecke | Judy Ellis | Kat Butler | Mark Dorman |
| Javelin | Megan Fitzpatrick | Sally Warnecke | Judy Ellis | Kat Butler |
| Hurdles | Jodie Cunningham | Megan Fitzpatrick | Sally Warnecke | Judy Ellis |
| Discus | Des Norman | Jodie Cunningham | Megan Fitzpatrick | Sally Warnecke |
| Long Jump | Carol Le Lant | Des Norman | Jodie Cunningham | Megan Fitzpatrick |
| High Jump | Mark Dorman | Carol Le Lant | Des Norman | Jodie Cunningham |


| Room 25 - Rachel Palmer's class is spread throughout the Year 2's |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| Upper Primary | $\mathbf{1 : 3 0}$ | $\mathbf{2 : 0 0}$ |  |  |
| Sprints | Julie Welford | Glenda Weaver | Kate McSkimming | 2:15 |
| Shot Put | Shane Pluck | Julie Welford | Glenda Weaver | Kate McSkimming |
| Long Run | Lesley Webber/ Jonathon White | Shane Pluck | Lesley Webber/ Jonathon White | Julie Welford |
| Javelin | Heather Frances | Lesley Webber/ Jonathon White | Glenda Weaver | Shane Pluck |
| Hurdles | Naomi Procter/ Renee Hanna | Heather Frances | Naomi Procter/ Renee Hanna | Heather Frances |
| Discus | Chris Braybrook | Chris Braybrook | Naomi Procter/ Renee Hanna | Lesley Webber/ Jonathon White |
| Long Jump | Kate McSkimming | Kate McSkimming | Chris Braybrook | Naomi Prances |
| High Jump | Glenda Weaver |  |  |  |

## RELAYS

| Year | Jackson |  | Sturt |  | Mitchell |  | Light |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Rec | Evie Z <br> Haydee K <br> Nellie K <br> Layla P <br> (Clara H ) | Sam L <br> Thomas B <br> Cormac McC <br> Jacob H <br> (Lukas E) | Asha Jessica M Eva N Laura B (Bianca R) | Bailey C <br> Max B <br> Louis K <br> Oliver P <br> (Angus C) | Lily S Georgia P-S Renee K Charlize J (Emma L) | Lachlan G <br> Rohan P <br> Kurtis R <br> Alex S <br> (Micah L) | Chelsea H <br> Ocea L <br> Zoe G <br> Amy H <br> (Poppy A) | Daniel R <br> Petros K <br> Sean H <br> Luke T <br> (Harry C) |
| Year 1 | Mia McK-B <br> Georgia L <br> Iris N <br> Lily R <br> (Maya G) | $\begin{array}{\|l} \hline \text { Zac Sh } \\ \text { Jesse Z } \\ \text { Josh B } \\ \text { Jack BG } \\ \text { (William B) } \\ \hline \end{array}$ | Stella M <br> Tilly McL <br> Jeanine D <br> Bella K <br> (Ava C) | Nicholas W Zac S <br> Charlie W <br> Jack H <br> (Angus P) | Paige M Emma D Phoebe H Soti L (Halle S) | Sean D-W <br> Mitchell 0 <br> Brayden B <br> Aiden S <br> (Rohan L) | Charlotte O <br> Marielle D <br> Arianna T <br> Karla G <br> (Hayley P) | Oscar C <br> Jacob T <br> James T <br> (Lucas M) |
| Year 2 | Ava B Ruby Z Estella A Tori H (Evelyn C) | Noah H Jordan M Jerry McG Kye 0 (Jack B) | Mia W <br> Ella W <br> Grace A <br> Kiana M <br> (Sierra G) | Vasilli A <br> Corey G <br> Lachlan W <br> Charlie F <br> (Zac N) | Emma S <br> Shae W <br> Sophia S <br> Clare M <br> (Abby L) | Josh B <br> Tyson C Jye W Lachlan W (Thomas F) | Jessica C <br> Georgina H <br> Sammy B <br> Ava T <br> (Jasmine E) | Austin B <br> Daniel T <br> Josiah S <br> Riley H <br> (Matthew T) |
| Year 3 | Keeley K Evie W Sarah R Miah O-H (Olivia E) | Brody F <br> William H <br> Connor S <br> Aiden S <br> (Cade H) | Georgia R Zoe W Elly C Megan B (Demi K) | Taj S <br> Cameron McL <br> Austin N <br> Cooper H <br> (Hayden B) | Alana W <br> Teagan R <br> Annie D-W <br> Tali S <br> (Grace B) | Jed O <br> Tyson W <br> Thomas M Curtis S (David W) | Katie B <br> Sophie Y <br> Amelia E <br> Nicole R <br> (Emily H) | Cade K Kern M Henry R Mitchell S (Tom L) |
| Year 4 | Zahra Z <br> Lara S <br> Kahlia G <br> Claudia L <br> (Georgia B) | Brodie H <br> Benjamin B <br> Zain M <br> Filip P <br> (Dennis L) | Sophie M <br> Amy McD <br> Brianna K <br> Eloise C <br> (Ekaterini) | Jasper C <br> Peter P <br> Jake Me <br> Darcy C <br> (Jack F) | Kate M <br> Charley K-D <br> Ellie G <br> Ayesha B <br> (Tayla M-S) | Oliver D <br> Real S <br> Alex B <br> Jack G <br> (Aiden H) | Madison F <br> Brittany A <br> Eloise S <br> Paris K | Blake t <br> Michael C <br> Jale Mi <br> Austin F <br> (Dylan C) |
| Year 5 | Ori M Shinta T Jordan McG Sarah W (Ruby M) | Adam C Jarrod G Kayland B Corey W | Amy M <br> Anastasia A <br> Natalie G <br> Dorothea M <br> (Elva F) | Liam J <br> Mitchell B <br> Jye S <br> Liam M <br> (Brayden S) | Teagan C Laura McA Lauren U Emily A (Grace T) | Matthew S <br> Joel C <br> Bailey V <br> Flynn H <br> (Callum McD) | Brianna S <br> Afsaneh P <br> Parvaneh P <br> Bella S <br> (Jewel-Lee) | Jake G <br> Lachlan R <br> Jack L <br> Sam L |
| Year 6 | Chloe L Rose M Jessica H | Jye F Daniel T | Jess McD <br> Sinead U <br> Georgia C <br> Emily D <br> (Loretta T) | $\begin{aligned} & \text { Matthew R } \\ & \text { Jack G } \\ & \text { Shaun B } \end{aligned}$ | Ollie M <br> Caitlin McN <br> Chloe A <br> Cate S <br> (Faiza I) | Callum D <br> Mitchell W <br> Sam M <br> Lukman <br> (Zac H) | Ellie H <br> Anna G <br> Jasmine H <br> Jakeya A | Jacob E <br> Patrick W <br> George M <br> Judah T <br> (James M) |
| Year 7 | Kaitlyn V C <br> Izzy B <br> Zoe C <br> Kayla S <br> (Rose N) | Christian A Isaac S Harrison G Lucas H <br> (Romeo B) | Kapri T <br> Georgina F <br> Maddie S <br> Alysha B <br> (Jamie T-E) | Lachlan R Jeremy M Todd J Jordan M | Jessica G <br> Darly C <br> Ruby S <br> Romy G <br> (Lauren R) | Josh D Logan B Jamie W Stephen W (Tai D) | Chloe L <br> Chelsea J <br> Megan F <br> Jessica T | Riley B James G Tom B Abror M |



## Collonel light Garrdens

 Prinnowry School SPORTS DAy
## Thursday 20th September 2012

 House LeadersLIGHT
Tom B
Megan F
James G
Chloe L

JACKSON<br>Christian A<br>Romeo B<br>Zoe C<br>Ellie N

MITCHELL<br>Josh D<br>Jessica G<br>Lauren R<br>Stephen W

## STURT

Alysha B
Todd J
Jordan M
Jamie T-E

##  We hope that you enjoy today's Sports Day. <br> The day's events will be made up of an Opening Ceremony at the beginning, some Year Level relays and a presentation of the shield at the end of the day and, in between, three hours of PE/Sport activities in which every child will be involved.

The Three Hours consist of the following:

## ATHLETICS

Lower Primary classes 10:00-11:00, Primary classes 11:30-12:30, and Upper Primary classes 1:30-2:30.
There will be $4 \times 15$ minute sessions where the children will follow a circuit with their teacher and participate in Track and Field events. The teacher will score these activities and these scores will count towards the house shield.
Examples include Shot Put, Long Jump and Hurdles. You can find out when and where your child will be involved by consulting the program.

## 'LIFE BE IN IT' CIRCUIT

Lower Primary classes 1:30-2:30, Primary classes 10:00-11:00, and Upper Primary classes 11:30-12:30. Leaders from 'Life Be in It' will have four different Life games activities set up (Earthball, Parachute, Firefighters' Mat and Tug o' War) and classes will spend 15 minutes at each during their hour at the 'Life Be in It' Circuit.

## COME 'n' TRY SPORTS

Lower Primary classes 11:30-12:30, Primary classes 1:30-2:30, and Upper Primary classes 10:00-11:00. Two-thirty minutes sessions where children will attend a 'Come ' $n$ ' Try' sports clinic. The children will be given the opportunity to be engaged for a short time in a sport, which in some cases, they may never have tried before. Examples include Lacrosse, Rugby, Golf and Baseball. Again, by looking at the program, you can see when and where your child will be involved.

Special thanks go to the CLG Dance Squad, to Kate McSkimming for organising the health hustle, to Maddison S \& Jessica $G$ for compering the opening ceremony, and to the coaches from the different sporting groups. Also, thanks to all who have helped with the cake and coffee stall, the canteen workers and Marg, Adele, Sylvia and Nathan from the Administration staff for their valued work.
An extra big Thank You to Tom Budin for all the work he has put into making this Sports Day such a successful day.

##  <br> Thursday $20^{\text {th }}$ September TIMETABLE OF THE DAY'S EVENTS

9:30 Opening of Sports Day (meet on oval)

| 10:00 | Lower Primary: | at Athletics Circuit |
| :--- | :--- | :--- |
|  | Primary: | at 'Life Be In It' Circuit |
|  | Upper Primary: | at Come ' $n$ ' Try |

11:00
11:30 Lower Primary:
Primary:
Upper Primary:
LUNCH

Lower Primary:
Primary:
Upper Primary:

1:30

2:30
3:15
12:30
$3: 15$

Year Level Relays
at Come ' $n$ ' Try Sports at Athletics at 'Life Be In It'

Presentation (meet on oval)
Special thanks go to the following individuals \& organisations, for providing their time and coaching expertise for today's sports events.

Tennis:
Basketball:
Gymnastics:
Rugby:
Lacrosse:
Baseball:
Army Training:
Golf:

Shane Stokes - Super Tennis
Sarah Fry - Basketball SA
Brenton Dicker - Gymnastics SA
Dave Cohen - Rugby League SA
Marilyn Fuss - Lacrosse SA
Scott Pratt - Goodwood Indians
Sean Kinchinton - LIFE PT
Allan Telford - Golf SA


## MITCHELL - Yellow

We are Mitchell, we are here, We are gonna race and cheer, We are awesome, we are bold, We are gonna take home gold. We are Mitchell, we are fast, We will win like in the past, So come on Mitchell, Scream and shout, M-I-T-C-H-E-L-L, Goo000000 MITCHELL!!!

## STURT - Blue

STURT, STURT, We are fun, We can jump and we can run, We are strong and never wrong, You can tell just from our song, We are Sturt, we are great, We will all participate.

We will win and we will sting, Don't just think that we can sing,

Give us bronze, silver or gold,
We are young and not that old.
Here us shout, when we say,
Hey come on Sturt,
Let's win sports day.
S-T-U-R-T, Goo000000
STURT!!!

LIGHT, LIGHT,
We'll put up a fight,
This is only the beginning,
And we are already winning,
Light is the best,
We'll beat all the rest,
And on the day,
We'll try our best.
L-I-G-H-T, Gooo00000
LIGHT!!!

## JACKSON - Red

JACKSON, JACKSON, for the win, Here's our chant so let's begin, We are strong, we are fierce, We will conquer all our fears, We can win, just wait and see, We will make some history, No one will get in our way, We will win sports day. J-A-C-K-S-O-N, Goo000000 JACKSON!!!

