

PRINCIPAL: Sue Woollard
DEPUTY PRINCIPAL: Wayne Hunt
ASSISTANT PRINCIPAL: Louisa Guest
ASSISTANT PRINCIPAL: Sharyn Darrell

COLONEL LIGHT GARDENS PRIMARY SCHOOL NEWSLETTER

26th February 2015



DIARY DATES

MARCH

Monday 2nd Governing Council AGM – incorporating RAN-EC Training
Friday 6th Pupil Free Day
Monday 9th Adelaide Cup Public Holiday
Monday 16th Governing Council Meeting
Friday 20th Assemblies (Rec-Yr 2 11:10am-12:00pm ; Yr 3-7 12:10pm-12:50pm)
Thursday 26th SAPSASA State Swimming - Marion
Friday 27th - History Roadshow
Monday 30th

APRIL

Friday 3rd Good Friday Public Holiday
Monday 6th Easter Monday Public Holiday

Dear parents, carers, students and community friends,

The role of parents as partners in the education of our children is crucial. While we certainly have plenty of legislation, guidelines, curriculum and policy to guide our work, we need the voice of our parents to help us translate this into the day to day practise that reflects the range of values, beliefs and expectations of our CLG community.

This is why our Governing Council and sub-committees are so important! The great strength of our school is its community, which is both diverse and highly engaged. Our school is a rich blend of nationalities, beliefs and socio-economic backgrounds. We want to hear the full range of parent views and concerns, to help us make better decisions.

We encourage you to nominate for Governing Council or its committees. In particular the Education, Grounds and Finance committees need more parents. Put your hand up! You don't need special skills, just a willingness to be involved and listen to all viewpoints. An email to sue.woollard725@schools.sa.edu.au stating the committee you would like to join is all that is needed to get on board!

SCHOOL CLOSURE DAY: Friday March 6th

On Friday, March 6th the teachers are really looking forward to their professional learning. We are joining with other primary schools in our Partnership to focus on delivering the Australian Curriculum to develop powerful learners of the future. In particular we are looking at how we teach and how we use digital technology to improve teaching and learning.

Margot Foster, the DECD Director of Pedagogy, will work with us on the research on transforming tasks to develop powerful expert learners. Then the DECD Digital Learning Team will deliver a whole series of workshops on using digital technologies to promote thinking. Some of the fascinating workshop topics are 'the flipped classroom'; social media as a learner entitlement; computational & algorithmic thinking; and using iPads to make learning accessible for all.

Implementing the Australian Curriculum in technology is a major focus for our school this year and it is quite challenging. We appreciate having this pupil free day to really get into it!

Sue, Wayne, Louisa and Sharyn



Government of South Australia
Department for Education and
Child Development

CRICOS Provider Number 0018A

Windsor Avenue, Colonel Light Gardens SA 5041
Phone: (08) 8276 1523 Fax: (08) 8374 1038
Email: dl.0723.info@schools.sa.edu.au
Website: www.colgrdnps.sa.edu.au

LOOKING AFTER YOUR BODY IN THE DIGITAL AGE

Last week Greg Campbell, a physiotherapist from Smart Health Training ran a really interesting workshop for parents and teachers. He is an advocate of digital technology and wants everyone to use it without injuring their health. He presented examples of the health risks from IT, especially from too much sitting and poor posture.

He says that we need to improve the

- a) environment and ergonomics
- b) behaviours and habits of adults and children using IT.

Behaviours and habits:

No screens in bedrooms or at the table

No more than 2 hours of screen time per day and only on pro-social, non-violent games, sites and shows

Increase activity for children aged 5-17 years. Aim for a total of 60 min of vigorous activity every day (up to 3 hours maximum)

Decrease sedentary behaviours – stand instead of sit



Ergonomics:

Laptops: Using a laptop riser such as a box, with a separate keyboard and mouse will help to decrease head down posture which places strains on the neck.

Tablets: Use a tablet stand, pillow or bean bag to angle the screen

In general, we should 'mix it up', changing positions regularly; sit, stand and lie (tummy time).

Parents were reminded that these tips apply equally to adults and children!



Volunteer Parent Induction Workshop

An important child protection measure for our school is ensuring that our volunteers have been provided with induction and understand their role as mandated notifiers of suspected child abuse. The RAN-EC (responding to abuse and neglect) induction outlines to our volunteers their child protection responsibilities.

We are holding a workshop for parents who volunteer in our school, serve on committees, coach sports teams etc. on **Monday 2nd March from 7:00-8:00pm in Langley Hall**. Following the training there will be a short break and the AGM will follow.

We will be repeating this workshop later in the year during the day and again in the evening.

ICAS Academic Tests

Each year, Colonel Light Gardens enters the International Competitions and Assessments for Schools (ICAS) in Science, Mathematics and English. More than 500,000 students from years 2-12 throughout Australia participate. The cost is \$8.80 per competition and we invite your child to consider sitting for one or all of them. All students from years 3 to 7 are able to sit the tests. In year 2, students may be included on special request.

The papers are completed at school, in school hours in terms 2 and 3. It is a helpful way of building your child's self-esteem, broadening their horizons and giving them extra academic experience.

For further information, please contact Sue Woollard at the school office. Entry forms are included in this edition of the school newsletter or can be downloaded from the newsletter website.

Please note that entry fees are not refundable and late entries are not accepted by the school after the cut-off date of 27th March 2015. All issues regarding late entries and refunds must be taken up with ICAS directly

ASSEMBLY AWARDS

Congratulations to the following students who received an Assembly award during the Week 4 Assembly for showing the important Expert Learner Quality of being **Organised**:

Yasmin L, Lachlan D, Ben S, Eliza R, Sophie W, Jade C, Jessica Y, Hannah C, Henry W, Lucy G, Sylva T, Andrea W, Leila R, Anika P, Alannah J, Tait S, Patrick H, Belle E, Jessica C, Mary C, Cooper H, Ella C, David W, Clare M, Alex B, Sophie Y, Yiwei Z, Sophie V, Charli C, Callum S, Anthony T, Amy M, Jacob H, Nellie K, Zoe G, Sam B, Amelia K, James T, Paige M, Emili R, Nathan H, Phoebe H, Renee K, Max B, Elissa B, Jacob B, Nicholas W, Gracie T

WHAT'S HAPPENING IN MORTLOCK PARK?

The Mitcham Council, as part of their review of parks and reserves throughout Colonel Light Gardens, is undertaking improvements to Mortlock Park. These improvements are guided by the recently revised:

- Master Concept Plan
- Community Land Management Plan
- Dog Management Controls

The design includes improved drainage, new pathways, seating and a gazebo. Small areas of bunting will remain once the current construction fence comes down until garden beds have been established and bollards replaced. The replacement equipment (i.e. to compensate for the removal of the old steel bar equipment that the children loved) has been included in the 2015/16 budget and will be installed as early as possible in the new financial year.



Our students have been very patient and can't wait for the work to be completed! They are particularly pleased that the area will be less muddy and the paths will allow them to get to the oval in winter. We hope for fewer days where the park being closed and students confined to our own grounds. The work completion date is scheduled for the beginning of March 2015.

The design of these improvements has taken into account the intensive use of this part of Mortlock Park as a children's play area and the status of Colonel Light Gardens as a State Heritage Area. The pathway layout, building materials and appearance of the low brick seating wall are examples of where historical considerations have influenced the final design. Funding for these improvements, which cost in the region of \$300,000, included a \$100,000 'Local Government Stimulus Grant' from the State Government.

MATERIAL & SERVICES FEE

Thank you to all families that have either paid fees in full, or have signed an instalment plan. The due date for payment, unless on a signed instalment plan, is Friday 27th February 2015. Please contact Amanda Jackson to discuss further.

OSHC CLOSING TIME REMINDER

Please note that our After School Care Services closes at 6.00pm. While most parents respect this arrangement and ensure children are picked up on time there are some students being regularly picked up after closing time. The current late fee is under review and may have to be increased substantially if this situation continues. Please ensure alternative pick up arrangements are made if you are likely to be delayed.

CANTEEN

Thank you for the support for the "Sushi with frozen Sunburst" Meal Deal. I've received great feedback! Thanks also to my helpers (Suzanne, Renae, Emma, Tamara, Gemma, Elka, Rosemary, Ruzelle, Nina, Paula, Kelly G and Kelly B) without whose help these specials would not happen.

New product – Zombie Monster Claws, Feet and Faces (0.80c)

Please note that the Tuesday Sushi Service needs your support. At present, the low order rates mean we'll have to look closely at continuing to provide the service.

Helen Parsons, Canteen Manager

FUNDRAISING COMMITTEE

Have you seen the letter sent home yesterday, outlining fundraising plans for the year and requesting your help? Look out next week for a letter explaining our Term 1 'Buy a Brick' program. Please take the time to read it and get your order in asap.

Save this date! Put the evening of March 27th aside in your diaries for our Family Picnic in the Park! We will be celebrating the opening of the upgraded playground area.

AFTER HOURS SPORT

BASKETBALL

Week 4

Yr 6/7 Girls

CLG 26 def Marymount Thunder 12

Yr 6 Boys (Blue)

CLG def Emmaus

Yr 4/5 Girls

CLG 4 def by St Peters Woodlands 30

Yr 5 Boys (Blue)

CLG 15 def St Peters Woodlands 6

Yr 5 Boys (Gold)

CLG 8 def Paringa Park 4

Yr 4 Boys

CLG 12 def Edwardstown 10

Yr 3/4 Girls

CLG 4 def by Immanuel White 18

Yr 3 Boys (Blue)

CLG 26 def Paringa Park 0

Yr 3 Boys (Maroon)

CLG 15 def St Peters Woodlands 0

Yr 3 Boys (Gold)

CLG 6 def by Edwardstown Gold 8

Yr 2/3 Boys (Green)

CLG 0 def by Stella Maris 14

Yr 2 Boys (White)

CLG 13 def Glenelg Blue 3

Yr 2/3 Girls

CLG 4 def by Stella Maris 24

COMMUNITY NEWS

UNLEY SWIMMING CLUB – Invites you to FREE one hour come and try sessions
Commencing Friday 27th February 2015 – 4:30 – 5:30pm (5 week program)

- Outdoor 50m pool – Ethel St Forestville
- Elite Coaching Level
- All equipment supplied (except goggles)
- Free Welcome Pack

Call 0425 532 536 or 0400 887 720 to reserve your spot today! (Limited spots available, so get in in early)!

GUIDELINES FOR GOOD GAMING

Thursday 19th March 2015, 7:30 – 9:30PM

Mercedes College, 540 Fullarton Road, Springfield

Guidelines for parents on the physical and psychological effects of electronic gaming.



Prof Leon Straker – Professor of Physiotherapy at the Curtin University in Perth, and holds a National Health and Medical Research Council Senior Research Fellowship.

Dr Wayne Warburton – Lecturer in Developmental Psychology, and Deputy Director of Children and Families Research Centre, Macquarie University in Sydney.

Chaired by Amanda Blair

Cost \$25 per person. Book your ticket at:

www.trybooking.com/GVCW

REMINDER OSHC PUPIL FREE DAY: FRIDAY MARCH 6th

OSHC is visiting the Mitcham Cinema to see the movie 'Paper Planes'. Children must be at OSHC by no later than 8:45am to allow sufficient time to catch public transport. Parents, please make sure that appropriate clothing is worn (ie HATS, sunscreen, walking shoes). The second half of the day will be spent back at OSHC "Headquarters" participating in craft activities and indoor/outdoor games. Staff must be given any medication (original packaging with instructions) that their child might require during that day.

There are no half day bookings and all children must bring their own recess and lunch. Afternoon tea is provided as usual. Cost of the day is \$55 (normal CCB applies) and our 48 hour cancellation policy is applicable on the day.

Please return booking form below to the office or Inta (without fees) no later than 12 noon Friday 27th February. ***THERE ARE PLACES STILL AVAILABLE***

NO BOOKINGS WILL BE ACCEPTED AFTER THIS DATE. Queries – please phone Inta on 8276 9065.

OSHC PUPIL FREE DAY: 'Paper Planes' FRIDAY, MARCH 6TH

Child/ren name/s and class:.....

Emergency contact details:.....

Relevant medical information:.....