

Colonel Light Gardens Primary School presents....

PRACTICAL IDEAS TO BUILD CHILDREN'S EMOTIONAL RESILIENCE



Mark Le Messurier is a well-known educator, counsellor, author and conference presenter. He works throughout Australasia. Mark is recognised for his insightful PROFESSIONAL DEVELOPMENT work with staff, and PARENT EDUCATION SEMINARS for parents.

Wednesday 24th June 2015

7pm-8.30pm

Colonel Light Gardens Primary School Gymnasium

1 Windsor Avenue

Colonel Light Gardens

Cost \$20 (incl GST)

This workshop will sell out fast!

All attendees will be in the draw for a free copy of Mark's book
"Raising Beaut Kids" RRP \$34.95

Resiliency, sometimes described as human durability or personal flexibility is such a prized quality as it positions individuals for the inevitable challenges that await them in the future. While the interplay of genetics and environment on resiliency are complex there is much we can do to steer our children in healthy more resilient directions.

So, come on, take the challenge; let's explore what you can realistically do to improve your children's happiness and resiliency at home. So often it is the simple strategies that engage children to think realistically and logically, that transforms behaviour and sets up healthy, resilient lives.

To purchase tickets as a CLGPS parent:

Please fill in the slip below and return to the office with your payment.

Other purchasers:

Please email the school at dl.0723.info@schools.sa.edu.au with your daytime contact number and we will phone you to arrange payment over the phone. Tickets can be collected at the door on the evening

CLG parents - Return this section to the front office with your payment

Parent's name: _____

Child's name: _____ Room: _____

I wish to purchase _____ tickets for the Mark Le Messurier workshop on Weds 24th June 2015 starting at 7pm.

Amount enclosed \$ _____