



SPORTS DAY

Thursday 24th September 2015

★ ★ ★ House Leaders ★ ★ ★

LIGHT
Paris K
Eloise S
Maddi F

JACKSON
Kahlia G
Sophie V
Ben B
Brodie H

MITCHELL
Alex B
Jordan R
Sally K
Kate M
Charley K-D

STURT
Amy M
Riley R
Peter P
Jasper C

We hope that you enjoy today's Sports Day.

The day's events will be made up of an Opening Ceremony at the beginning, some Year Level relays and a presentation of the shield at the end of the day and, in between, three hours of PE/Sport activities in which every child will be involved.

ATHLETICS

There will be 4 X 15 minute sessions where the children will participate in a variety of Track and Field events. The teacher will score these activities and these scores will count towards the house shield. You can find out when and where your child will be involved by consulting the program. As some of these events can be a bit of a handful to manage, it would be much appreciated if you are able to help your child's teacher.

'LIFE BE IN IT' CIRCUIT

Leaders from 'Life Be in it' will have four different Life Games activities set up (Earthball, Parachute, Fire-fighters' Mat and Tug o' War) and classes will spend 15 minutes at each during their hour at the 'Life Be in It' Circuit.

COME 'n' TRY SPORTS

Students will be involved in two, thirty minute Come 'n' Try' sports clinics. The children will be given the opportunity to be engaged for a short time in a sport, which in some cases they may never have tried before; Cricket, Volleyball, Rugby, Squash, Golf, Basketball, Tennis and Baseball. Again, by looking at the program, you can see when and where your child will be involved.

THANK YOU

Special thanks go to the CLG House Captains, for choreographing the health hustle and to the sports committee and staff for their ongoing commitment. Thank you to the coaches from the different sporting groups for giving up their time and sharing their expertise and to Cricket SA for providing the Milo drink for each student. Thanks also go to all who have helped with the catering, including; the Rotary Club of Mitcham (for organising the BBQ), the fundraising committee, the canteen workers and Café a Gogo.

Like all whole school events, Sports Day could not happen without our leadership team of Sue, Wayne, Sharyn, Louisa, Amanda and Kim and our magnificent admin team of Amanda, Adele, Megan, Marg, Sylv and Bev. Thanks to official scorers, Shane and Jan Marie. Also it is important to acknowledge Bruce Ford, our grounds person, for all his hard work in the preparation of our grounds and line marking for events.

House Chants

MITCHELL – YELLOW	LIGHT - GREEN
<p>Mitchell Mitchell we're on top, We will rise & we won't drop, Mitchell Mitchell we are strong, We know we're right & can't be wrong, Mitchell Mitchell we'll use our might, Mitchell Mitchell always fight, M-I-T-C-H-E-L-L Gooooo..... MITCHELL !!!!!</p>	<p>Good, Better, Best, We'll put you to the test, For good we are, & better we'll be, Light, Light, yes-are-eee Goooo Light L-I-G-H-T Gooooo... LIGHT !!!!!</p>
JACKSON – RED	STURT - BLUE
<p>Jackson's fast, Jackson's strong, Listen to our Jackson song, Clap your hands & stomp your feet, Jackson is the team to beat! J-A-C-K-S-O-N Gooooo..... JACKSON !!!!!</p>	<p>Sturt, Sturt, We're the best, We will clean up all the rest, Go Sturt Clap, clap Go Sturt Clap, clap We will fight with all our might, & take the victory home tonight! Go SturtClap, clap Go Sturt Clap, clap Try your best & always respect. S-T-U-R-T Gooooo..... STURT !!!!!</p>

SPORTS DAY 2015

Thursday 24th September

TIMETABLE

9:15	Opening Ceremony (meet on Mortlock Oval) National Anthem - House Chants - Health Hustle
9:45	Junior Primary: at Athletics Circuit Primary: at 'Life Be In It' Circuit Upper Primary: at Come 'n' Try
10:45	RECESS
11:15	Junior Primary: at Come 'n' Try Sports Primary: at Athletics Upper Primary: at 'Life Be In It'
12:15	LUNCH
1:15	Junior Primary: at 'Life Be In It' Primary: at Come 'n' Try Upper Primary: at Athletics Circuit
2:15	Year Level Relays and Parent Relay
3:00	Presentation (on oval at the end of sprint track)
3:10	Dismissal from classroom

Special thanks go to the following individuals & organisations, for providing their time and coaching expertise for today's sports clinics.

Hockey	Max Bail	Hockey SA
Basketball:	Lachlan Coppick	Basketball SA
Volleyball:	Jack Colmer	Volleyball SA
Baseball:	Scott Pratt	Goodwood Indians
Soccer	Steve Maxwell	Cumberland Girls Soccer
Golf:	Allan Telford	Golf SA
Cricket:	Andrew Edwards	Cricket SA
Rugby:	Jack Campion	SA Rugby

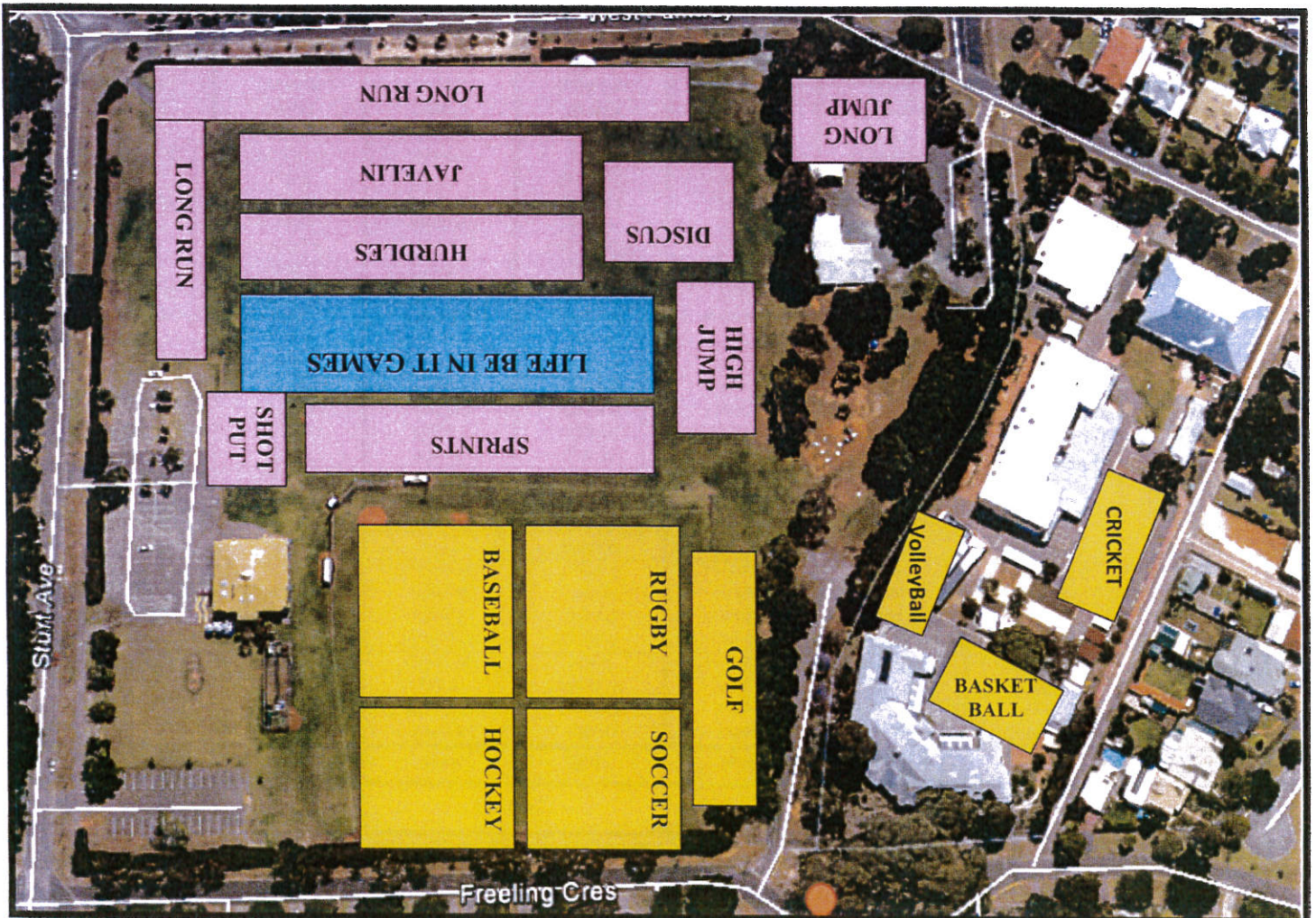
COME AND TRY - SPORTS CLINICS

	Upper Primary		Junior Primary		Primary	
	9:45am	10:15am	11:15am	11:45am	1:15pm	1:45pm
Baseball	Welford Year 4/5	McSkimming Year 4/5	Wyman Year 1	Lawrence Year 2	Gill Year 3/4	Elder Year 2
Rugby	Blight Year 6/7	Welford Year 4/5	Ellidge/Butler Year 1	Wyman Year 1	Perrie Year 3	Gill Year 3/4
Cricket	Brown Year 5/6	Blight Year 6/7	Grant Reception	Pudney/Fitzpatrick Reception	Palmer Year 2	Perrie Year 3
Volleyball	Françes Year 6/7	Braybrook Year 6/7	Scicchitano Year 1	Ellidge/Butler Year 1	Coutts Year 3	Palmer Year 2
Soccer	Darrell/Hammerl Year 5	Frances Year 6/7	Hawkes Reception	Grant Reception	Waye Year 4	Coutts Year 3
Basketball	Weaver Year 6/7	Darrell/Hammerl Year 5	De Pierro/Marafioti Reception	Hawkes Reception	Cunningham Year 4	Waye Year 4
Hockey	Braybrook Year 6/7	Weaver Year 6/7	Lawrence Year 2	Scicchitano Year 1	Norman/Sideris Year 3	Cunningham Year 4
Golf	McSkimming Year 4/5	Brown Year 5/6	Pudney/Fitzpatrick Reception	De Pierro/Marafioti Reception	Elder Year 2	Norman/Sideris Year 3



ATHLETICS

Junior Primary	9:45am	10:00am	10:15am	10:30am
100m Sprint	Kat Butler – Rm 13	Veronica Scicchitano – Rm 01	Karen Hawkes – Rm 03	Michelle Wyman – Rm 14
Hurdles	Suzy Lawrence – Rm 23	Jade Pudney – Rm 05	Sarah Grant – Rm 02	Gabby De Pierro – Rm 04
High Jump	Michelle Wyman – Rm 14	Kat Butler – Rm 13	Veronica Scicchitano – Rm 01	Karen Hawkes – Rm 03
Long Jump	Gabby De Pierro – Rm 04	Suzy Lawrence – Rm 23	Jade Pudney – Rm 05	Sarah Grant – Rm 02
Shot Put	Karen Hawkes – Rm 03	Michelle Wyman – Rm 14	Kat Butler – Rm 13	Veronica Scicchitano – Rm 01
Discus	Sarah Grant – Rm 02	Gabby De Pierro – Rm 04	Suzy Lawrence – Rm 23	Jade Pudney – Rm 05
Long Run	Veronica Scicchitano – Rm 01	Karen Hawkes – Rm 03	Michelle Wyman – Rm 14	Kat Butler – Rm 13
Javelin	Jade Pudney – Rm 05	Sarah Grant – Rm 02	Gabby De Pierro – Rm 04	Suzy Lawrence – Rm 23
Primary	11:15am	11:30am	11:45pm	12:00pm
100m Sprint	Becky Perrie – Rm 11	Tamra Waye – Rm 18	Krista Gill – Rm 16	Nancy Elder – Rm 22
Hurdles	Stephanie Coutts – Rm 12	Des Norman – Rm 19	Jodie Cunningham – Rm 17	Rachel Palmer – Rm 24
High Jump	Nancy Elder – Rm 22	Becky Perrie – Rm 11	Tamra Waye – Rm 18	Krista Gill – Rm 16
Long Jump	Rachel Palmer – Rm 24	Stephanie Coutts – Rm 12	Des Norman – Rm 19	Jodie Cunningham – Rm 17
Shot Put	Krista Gill – Rm 16	Nancy Elder – Rm 22	Becky Perrie – Rm 11	Tamra Waye – Rm 18
Discus	Jodie Cunningham – Rm 17	Rachel Palmer – Rm 24	Stephanie Coutts – Rm 12	Des Norman – Rm 19
Long Run	Tamra Waye – Rm 18	Krista Gill – Rm 16	Nancy Elder – Rm 22	Becky Perrie – Rm 11
Javelin	Des Norman – Rm 19	Jodie Cunningham – Rm 17	Rachel Palmer – Rm 24	Stephanie Coutts – Rm 12
Upper Primary	1:15pm	1:30pm	1:45pm	2:00pm
100m Sprint	Ashley Blight – Rm 1	Julie Welford – Rm 21	Sharyn Darrell/Brett Hammerl – Rm 8	Heather Frances – Rm 3
Hurdles	Naomi Brown – Rm 2	Kate McSkimming – Rm 20	Glenda Weaver – Rm 9	Chris Braybrook – Rm 4
High Jump	Heather Frances – Rm 3	Ashley Blight – Rm 1	Kate McSkimming – Rm 20	Sharyn Darrell/Brett Hammerl – Rm 8
Long Jump	Chris Braybrook – Rm 4	Naomi Brown – Rm 2	Julie Welford – Rm 21	Glenda Weaver – Rm 9
Shot Put	Sharyn Darrell/Brett Hammerl – Rm 8	Heather Frances – Rm 3	Ashley Blight – Rm 1	Kate McSkimming – Rm 20
Discus	Glenda Weaver – Rm 9	Chris Braybrook – Rm 4	Naomi Brown – Rm 2	Julie Welford – Rm 21
Long Run	Kate McSkimming – Rm 20	Sharyn Darrell/Brett Hammerl – Rm 8	Heather Frances – Rm 3	Ashley Blight – Rm 1
Javelin	Julie Welford – Rm 21	Glenda Weaver – Rm 9	Chris Braybrook – Rm 4	Naomi Brown – Rm 2



RELAY TEAMS

Year	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Year 7	Thomas W Taj H Lily H Daisy H	Harry F Nivedh V Zac B	Ruby D Jessica C Shella W	Mit D Olivia B Luella C	Rohan L Sean D-W Sean D-W	Max E Phoebe H Phoebe H	Lucas M James T James T	Lucas M James T James T
Year 8	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 9	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 10	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 11	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 12	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 13	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 14	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 15	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 16	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 17	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 18	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 19	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 20	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 21	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 22	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 23	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 24	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S
Year 25	Thomas W William B William B	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S	Jack B Zac S Zac S

LIFE BE IN IT - GAMES

Primary	9:45am	10:00am	10:15am	10:30am
Earthball 1	Becky Perrie - Rm 11	Tamra Wayne - Rm 18	Stephanie Coutts - Rm 16	Rachel Palmer - Rm 24
Earthball 2	Stephanie Coutts - Rm 12	Des Norman - Rm 19	Jodie Cunningham - Rm 17	Nancy Elder - Rm 22
Fire Fighters Mat 1	Nancy Elder - Rm 22	Becky Perrie - Rm 11	Tamra Wayne - Rm 18	Krista Gill - Rm 16
Fire Fighters Mat 2	Rachel Palmer - Rm 24	Stephanie Coutts - Rm 12	Des Norman - Rm 19	Jodie Cunningham - Rm 17
Tug o' War 1	Krista Gill - Rm 16	Nancy Elder - Rm 22	Becky Perrie - Rm 11	Tamra Wayne - Rm 18
Tug o' War 2	Jodie Cunningham - Rm 17	Rachel Palmer - Rm 24	Stephanie Coutts - Rm 12	Des Norman - Rm 19
Pentathlon	Tamra Wayne - Rm 18	Krista Gill - Rm 16	Nancy Elder - Rm 22	Becky Perrie - Rm 11
Pentathlon	Des Norman - Rm 19	Jodie Cunningham - Rm 17	Rachel Palmer - Rm 24	Stephanie Coutts - Rm 12
Upper Primary	11:15am	11:30am	11:45am	12:00pm
Earthball 1	Ashley Blight - Rm 1	Kate Mckimming - Rm 20	Sharyn Darrell/Brett Hammerl - Rm 8	Heather Frances - Rm 3
Earthball 2	Naomi Brown - Rm 2	Julie Welford - Rm 21	Glenda Weaver - Rm 9	Chris Braybrook - Rm 4
Fire Fighters Mat 1	Heather Frances - Rm 3	Ashley Blight - Rm 1	Kate Mckimming - Rm 20	Sharyn Darrell/Brett Hammerl - Rm 8
Fire Fighters Mat 2	Chris Braybrook - Rm 4	Naomi Brown - Rm 2	Julie Welford - Rm 21	Glenda Weaver - Rm 9
Tug o' War 1	Sharyn Darrell/Brett Hammerl - Rm 8	Heather Frances - Rm 3	Ashley Blight - Rm 1	Kate Mckimming - Rm 20
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Junior Primary	1:15pm	1:30pm	1:45pm	2:00pm
Earthball 1	Kat Butler - Rm 13	Veronica Scicchitano - Rm 01	Karen Hawkes - Rm 03	Michelle Wyman - Rm 14
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