

13th December 2018

ISSUE: Term 4, Week 9



# **CLG'S CONCERT IN THE PARK!**







PRINCIPAL: Rick Bennallack ASSISTANT PRINCIPAL: Penny Rowe ASSISTANT PRINCIPAL: Ashley Blight ASSISTANT PRINCIPAL: Jodie Cunningham

WERE AND THE HAVE

## **PRINCIPAL'S NEWS**

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#### **DIARY DATES**

- 14/12/18 WHOLE SCHOOL ASSEMBLY 11:20am
- 14/12/18 EARLY DISMISSAL 1:00pm



- 29/01/19 TERM 1 COMMENCES
- 11/03/19 ADELAIDE CUP DAY PUBLIC HOLIDAY
- 21/03/19 INTERNATIONAL HARMONY DAY



We wish you all a very Merry Christmas and a safe and memorable New Year.

#### Dear Parents, carers, students and community friends,

## **END OF YEAR CONCERT**

Thank you to the members of the school community who trusted and supported us to make an informed decision to proceed with our first concert on Mortlock Park. As our many communications prior to the concert articulated, we will never compromise student safety and wellbeing. We made the necessary accommodations and although the weather was warm, it was not overly unpleasant. What a great location for the concert. Thank you also to all those who have sent emails and messages indicating their level of enjoyment. We always appreciate feedback.

I thought the quality of the items presented was outstanding. Each of the teachers of the 2 (or in one case 3) classes who buddied up had obviously spent a lot of time planning and rehearsing their song. The costumes and dances moves brought so much life to each of the performances. I would like to thank the teachers for all their hard work in making this night such a success. Thanks especially to Ashley Blight for coordinating the whole event and working with the comperes and all those who helped behind the scenes.



## FAREWELLS

As we approach the end of the school year, we need to say goodbye to some staff members. Some are leaving us after completing their contract or moving on to a new school. I would like to say thank you to (in alphabetical order):

#### **KATINA ATHANASOS**



Katina came to CLG after 2 years teaching down south at Seaford Rise Primary School. Katina took on the challenges of teaching a year 3/4 class in room 17. I would like to thank her for her efforts with her students and wish her all the best as she moves into her new role as a permanent upper primary teacher at Solomontown Primary School in Port Pirie.

#### **KYLIE BOOTH**



As I mentioned last year, Kylie is a quiet achiever who has developed relationships with members of the class and the families in room 13 sharing a class with Kat Butler. Kylie took over in term 3 from Becky Cassin who went on maternity leave. Coming half way through the year is never easy and I would like to thank Kylie for again fitting in so well at CLG.

#### SUSAN O'CONNELL



Susan has taken on many roles this year including working with our indigenous students as the Aboriginal Education Teacher and has also implemented and supported our enrichment program. The introduction of enrichment has been highly valued by both students and parents at the school. Susan has also taken on other roles to support some other students and their teachers. I thank her for her contribution.

## PRINCIPAL'S NEWS Cont...

#### MARIE PYTHAROULIS



After 2 amazingly successful years working in the Reade building, Marie will begin her maternity leave as she and her husband await the birth of their first child early next year. Marie joined CLG in 2017 after winning a permanent teaching job at our school. This year Marie took on the additional role as one of our literacy coaches. Together with the other teachers in the Reade building, Marie has created a wonderful learning environment for children to blossom. She will be really missed as she takes leave during the 2019 school year to be mum. We wish her the very best.

#### **BRIANA RAE**



Briana joined us this year and took on the role of teaching a year 4/5 class in room 21. Briana has achieved some very pleasing outcomes with her class. She is hard working, highly organised, creative and goes above and beyond as demonstrated by the after hour events she hosted for the parents of the class. We wish Briana all the best with her next appointment.

#### **ROBYN SAMBELL**



After relief teaching in term 1, Robyn joined CLG in term 2 teaching on Fridays in room 16 sharing with Des Norman. Robyn replaced Suzy Matthews who went on maternity leave. Robyn has really thrived in the role of both working with Des and teaching the class. I am sure we will see Robyn back here next year working in a range of different classes.

#### **RENAE SIMMONS**



Renae has worked 3 days a week this year at CLG, working Wednesdays in a year 4/5 class sharing with Kate McSkimming. On Thursday and Friday Renae has worked in a year 2 class sharing with Bianca Radovanovic. Renae and Bianca formed a wonderful partnership and she has been highly successful in supporting her classes and students with their learning. Congratulations on a fantastic year.

#### SUE SPEECHLEY



After trying to retire a couple of times, Sue re-joined CLG this year to work in 2 different classes. On Mondays Sue has been working in Tamra Waye's year 2 class in room 14. On Wednesday, Sue has been teaching a Reception class in room 04. Sue displays amazing energy and enthusiasm for her roles. The students really appreciated her sense of humour and passion for teaching. Sue will hopefully be back relief teaching at CLG next year.

## **THANK YOU**

I would like to just write a note of thanks to the staff, students and parents of Colonel Light Gardens for the opportunity I have to be your principal. I continue to enjoy being at this wonderful school and look forward to 2019.

I would also like to take this opportunity to wish everyone a Merry Christmas and a relaxing and enjoyable holiday break. I look forward to the new year and the opportunities and learning it will bring.



Rick Bennallack

Principal 0412 261 231 rick.bennallack149@schools.sa.edu.au

## 2019 - 2021 TERM CALENDAR

YEAR / TERM	TERM 1	TERM 2	TERM 3	TERM 4
2019	29 Jan - 12 Apr	29 April - 5 July	22 July - 27 Sept	14 Oct - 13 Dec
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## PARENTS REPORT ON 'WHAT ARE TANTRUMS' WORKSHOP

## Tantrums – What are they telling us? - Managing big feelings -

On **Tuesday 13<sup>th</sup> November** we had *Mary Scales* from **The Gowrie Centre** come to talk to us about how we can respond to tantrums using some principles from the **Circle of Security approach**. The **Circle of Security approach** has a strong evidence base related to attachment theory and the human need for connection.

Mary explained that a tantrum is a child's response to really big feelings being experienced at that time. It is helpful for parents to know that tantrums are actually calls for connection at a time of overwhelm, rather than dismissing tantrums as a child's attempt to get attention. Wherever possible it is best to sit calmly with kids to support them through the big feelings that they are finding overwhelming.

Another tip from the **Circle of Security approach** for managing big feelings is keeping a child's "emotional cup" filled on a regular basis. This can build a child's emotional resilience. The goal here is to help our kids to feel loved by investing our time.

Like all other skills for living, emotional regulation is something that our children learn and become better at as they grow and as their brains mature. Emotional regulation is learned over many years. As parents we can patiently help our kids learn how to recognise, validate and manage their emotions appropriately. Mary showed us a youtube clip in which **Dr Daniel Siegel** uses the "Hand Model" to explain very simply how the brain processes emotions. We all agreed that is was a helpful model. You can watch this youtube clip at <a href="https://www.youtube.com/watch?v=gm9CIJ74Oxw">https://www.youtube.com/watch?v=gm9CIJ74Oxw</a>

In the **Circle of Security approach** the adult's role in the relationship with a child is to be bigger, wiser, stronger and kinder. Being able to regulate our own emotions helps us support our kids well when their emotions are running high. It was good to also hear that the research shows that to be effective our parenting needs to be "good enough" rather than "perfect".

Our sincere thanks to Mary from Gowrie Centre for her informative session. The Gowrie Centre at Thebarton offers 8 week courses in the Circle of Security approach, and can be contacted on 8234 5219.

This parent talk was arranged by the Education Committee and partially subsidised through a successful PIE grant bid submitted by the Education Committee in 2018.



## MATERIALS AND SERVICES FEES RESULT

Thank you to the parents who responded to the **2019 Materials & Services Charge poll**. The results were in favour of setting the prescribed sum for 2019 at \$400: **83% votes in favour** and **17% votes against**.

**Families will be invoiced for this charge when school returns in 2019.** A reminder that the payment terms are 30 days. This means that parents must have paid in full OR submitted an instalment agreement OR applied for School Card within a month of receiving the invoice. The preferred instalment plan is by Direct Debit (10 fortnightly payments of \$40.00 per student).

Families who may be eligible for School Card will need to submit a form which will be available online in the new year on <u>https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme</u> or front office in 2019.

Please contact **Stef Marston** on <u>stef.marston918@schools.sa.edu.au</u> or 8276 1523 **after 14th January 2019** for any queries or to be sent a direct debit form for instalment agreements.

## SA.GOV.AU - School Card scheme

#### www.sa.gov.au

The School Card scheme offers financial assistance with school fees (materials & services charges) for students attending government schools in that year.

## **CLG CONCERT IN THE PARK!**



## CLG'S CONCERT IN THE PARK Cont...











## NEWS FROM THE JAPANESE ROOM

# Japan Junction

#### Where you'll find cool facts and info......

#### This week's Information: Japanese Challenge 2018

This exciting annual competition at CLG is designed for upper primary students to evaluate their knowledge and skills that they have gained during their Primary school years. The challenge takes place over a period of approx. 8 weeks.

There is a different topic each year and the focus for 2018 was producing a 'wanted' poster.

This year students were assessed on the following criteria:

- Reading, writing and speaking skills •
- Understanding sentence structure •
- Ability to recall a vast spectrum of vocabulary and ٠ expressions
- Planning and organisation ٠
- Positive learning attitude •
- Participation and consistency ٠
- Artistic and creative skills

The following names are the top 10 students from each year level. The top 3 students from each year level have been presented with an award and Japanese gift to celebrate their outstanding achievement.

Please join me in congratulating the following students:

YEAR 5	YEAR 6	<u>YEAR 7</u>	
1. Iliana E.	1. Tarique K.	1. Isobell D.	
2. Alana O.	2. Bianca R.	2. Tessa J.	
3. Ned B.	3. Zaidan F.	3. Jazz P.	
4. Sage S.	4. Amani N.	4. Max G.	
5. Oskar E.	5. Charlize J.	5. Paige M.	
6. Sam W.	6. Mable C.	6. Lily R.	
7. Thomas H.	7. Chloe M.	7. Ella R.	
8. Siena G.	8. Jessica M.	8. Nathan H.	
9. Alana A.	9. Alena P.	9. Ariana T.	
10. Thomas HP.	10. Mary S.	10. Sophia W.	

## Omedeto!! (Congratulations!!)

Well done and you should be very proud of your achievement.





## THE ART CORNER













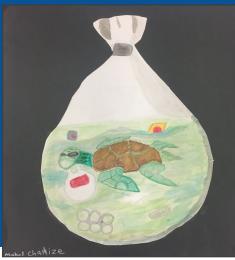










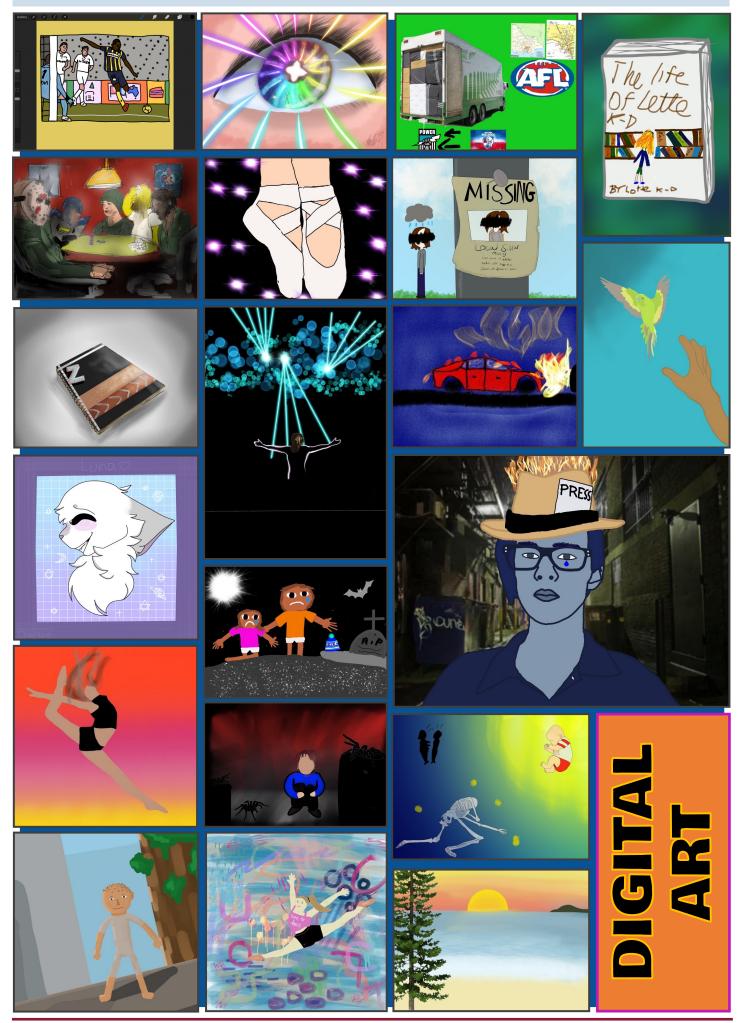








## THE ART CORNER Cont...



## **CANTEEN NEWS**



Thankyou for supporting the Canteen in 2018. As we move into 2019 there will be new exciting menu changes and we hope for your support in purchasing lunch orders and specials.

Volunteering is very valuable, and your children would love seeing you in the canteen. We would especially appreciate your help in the morning with processing lunch orders and especially over the lunch time period between 1pm - 1.30pm with the ice-block rush as the hot weather upon us. Hope to see you next year.

Have a safe, enjoyable time with family and friends over this holiday period.

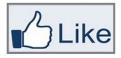
#### Kelly Gilbert

Canteen Manager

Parent Volunteers 410

## **FUNDRAISING NEWS**

#### FUNDRAISING ON FACEBOOK!



www.facebook.com/ColonelLightGardensPrimaryFundraisingPage

To keep up to date with 'What's happening with fundraising events', please follow the link above and like our Facebook page to receive notifications of updates and new events.

#### COMMITTEE COORDINATOR NEEDED

The Fundraising Committee has been running now for 8 years, over that time we have raised approximately **\$170,000.00**. We have been very fortunate to have a highly supportive community. All money raised has been to benefit the school and help boost or better it's resources.

#### Your support has helped to purchase the following items:

- iPads for classrooms
- the stage surrounding the shady tree

#### Funds raised have also contributed to:

- the outdoor interactive play area near the Doolette building
- · the outdoor learning areas around the shady tree
- the new and fabulous re-development of the Loovre building which is to be used as a science / kitchen space
- and the new COLA a covered outdoor learning area which will be erected next year

I would like to recognise the following volunteers as they deserve the school community recognition:

• Jayne, Kelly B, Megan, Michelle, Monique, Neralie, Rachael and Suzanne

and not forgetting past volunteers

 Cate, Mandy, Ruth, Elke, Gemma, Brooke and Sharon and others who may have stepped up. And lastly but all importantly the support of our Principal, Rick Bennallack and his incredible staff.

It's time for me to step down from the Fundraising Coordinator role I've held for the last 5 years, as my daughter Madison leaves CLGPS for high school. I have loved being part of this team and would encourage anyone to join.

#### Thankyou for your support.

Kelly Gilbert





2019 AFTER SCHOOL SPORT REGISTRATION INFORMATION

Ask about what you can do as a parent to help make after school hours sport happen....

PUT YOUR HAND UP AND SAY YES, I WISH TO VOLUNTEER!!

Site opens for registrations on **Monday 10<sup>th</sup> December** at:

SUMMER SEASON SPORTS	http://www.trybooking.com/ZUJJ	REGISTRATIONS CLOSE: FRIDAY 8th FEBRUARY 2019
WINTER SEASON SPORTS	http://www.trybooking.com/ZULZ	REGISTRATIONS CLOSE: FRIDAY 29th MARCH 2019

How much does it cost? In 2018 the Governing Council approved an increase in fees for 2019 due to rising costs including registration, umpiring, uniforms, equipment, end of year breakup, etc. This is the first increase in price in over 8 years and is very reasonable when compared to local sporting clubs. Basketball will cost \$30 for the year and players will pay a weekly entrance fee (around \$5) at the stadium. All other sports will be \$90 for the season.

- **Coordinators are required for each sport.** These volunteers will work collaboratively with Kim Boothey (After School Sport Manager) and be the first point of contact for coaches, team managers for their respective sport.
- All teams require a coach and a team manager. These will be parents of players in the team. No previous experience necessary. Teams will not be able to play if they do not have a these roles filled. Team managers will be responsible for communication, uniforms and equipment.

SUMMER SEASON SPORTS PARENT COORDINATORS					
Sport Term 1 Term 2 Term 3 Term 4 Parent Coordinator					Parent Coordinator
Basketball					Jennifer Tirrell
Cricket					VOLUNTEER REQUIRED
Softball					VOLUNTEER REQUIRED

If you have any questions or would like to volunteer for a role, please email Kim Boothey at: <u>Kim.Boothey118@schools.sa.edu.au</u>

## SUMMER SEASON SPORTS INFORMATION:

#### BASKETBALL - Summer (Terms 1 & 4) and Winter (Terms 2 & 3)

- Games are 30 minutes long and played on a Wednesday afternoon after school at either Springbank Senior College (Pasadena HS) or Marion stadiums.
- Teams may have a midweek practice based on the availability of courts and the discretion of the coach
- Teams are often mixed with boys and girls playing together
- Emphasis is on having fun, learning skills and team work
- Younger teams have modified rules and equipment.
- A school singlet will be provided but players will need navy shorts without pockets.

#### CRICKET - Summer (Terms 1 & 4)

- In year 2/3 players play Kanga, which focuses on fun and participation played on Fridays at Glandore Oval
- As players get older, rules and equipment change to suit their age and ability.
- C-Grade (Years 4/5) played on Friday nights at various local schools. Springbank Secondary College (Pasadena HS) is our home field.
- A-Grade (Year 6/7) and B Grade (Year 5/6) is played on Saturday mornings at various local grounds. Pasadena is our home field. These teams practice at Springbank Secondary College (formally Pasadena HS) on Wednesday nights after school.
- · Kanga players wear their school uniform. Older grades will need to provide their own cricket whites and hats

## 2019 AFTER SCHOOL SPORT REGISTRATION INFORMATION Cont...

## SUMMER SEASON SPORTS INFORMATION Cont...

#### SOFTBALL - Summer (Terms 1 & 4)

- Softball is only available to students in Year 3 and above.
- In younger grades we play with a few modified rule modifications and with a softer ball.
- All players bat and field and in younger grades pitching is by adults, whereas in senior level, players pitch.
- Coaches are active during play directing players when to run and where to throw the ball
- Games duration is **1 hour played on a Saturday morning** at local schools or Mortlock Park
- Teams will have a 1 hour practice after school once a week, with the day to be determined by the coach
- The school provides playing tops and equipment, players need to supply their own blue shorts and mouthguards are recommended.

## WINTER SEASON SPORTS INFORMATION:

WINTER SEASON SPORTS PARENT COORDINATORS					
Sport Term 1 Term 2 Term 3 Term 4 Parent Coordinate					Parent Coordinator
Basketball					Jennifer Tirrell
Soccer					David Brammy
Football (AFL)					VOLUNTEER REQUIRED
Netball					Elisa Holt & Brooke Hill

If you have any questions or would like to volunteer for a role, please email Kim Boothey at: <u>Kim.Boothey118@schools.sa.edu.au</u>

#### NETBALL - Winter (Terms 2 & 3)

- Games consist of four ten minute quarters and are played on Saturday mornings at 10.10am
- Players are placed in teams based on their year level.
- Games are played at our courts or local schools in the local area. Teams will practice after school one a week.
- Modified NETTA Rules are used for Year 2/3 players including: lower goal posts and smaller balls, players are allowed up to 6 seconds to throw the ball, shuffling on the spot to gain balance before throwing, but without moving down the court, one player may defend any other player at one time, defending player must be 1.2m (4 feet) away from the player with the ball and all shots for goal are to be undefended.
- The school will provide a netball dress to be returned at the end of the season.

#### FOOTBALL - Winter (Terms 2 & 3)

- All teams will be amalgamated with Westbourne Park Primary School in 2019.
- Games are on **Saturday mornings** at various local primary schools.
- Training nights will be determined by the coach of each team.
- Modified rules are used, including a no-tackle policy
- In younger grades, parent/coaches are allowed out on the ground during games to give the kids pointers
- There are specific zones to teach players where they should be on the ground
- The ground and goal posts are smaller for younger grades so players don't feel out of their depth
- Guernseys will be provided, players will need to provide their own shorts, socks, boots and mouth-guard

#### SOCCER - Winter (Terms 2 & 3)

- 8 players are on the field in the under 8's and 9 players in the under 9's. The field and goals are smaller than a standard soccer field.
- Matches are played on a Saturday morning, usually around 9am at local schools
- Matches are 40 minutes long with modified rules to keep the game going and get everyone involved.
- One training session (1 hour) will be held each week. Usually straight after school on a weeknight
- The school will provide a top and all training equipment. Players will need to provide black shorts, black socks, shin guards, soccer boots and a mouthguard.

## STUDENTS v's STAFF NETBALL MATCH

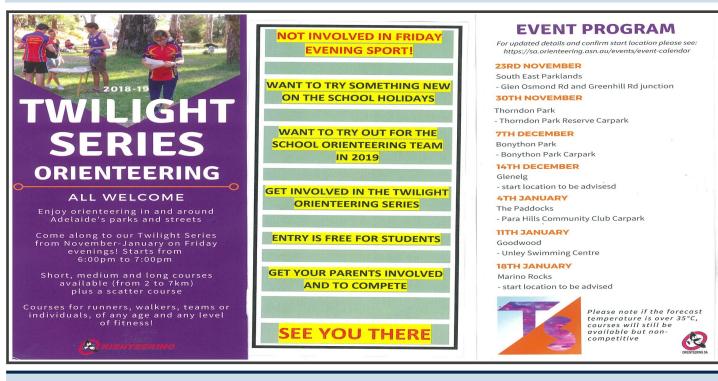
#### **RESULTS:** Final score: Teachers 12 Students 6

Goals shooters: Mrs Waye (1) Miss Roberts (4) Mr Blight (3) and Mrs Simmons (4) Paige (2) Mitch (1) Amelia (1) lily (2)

Thanks to scorer: Sophie A timer: Max S and umpires: Emily & Mia



## **ORIENTEERING - TWILIGHT SERIES EVENT PROGRAM**



## 2019 - 2021 TERM CALENDAR

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## **COMMUNITY NEWS**



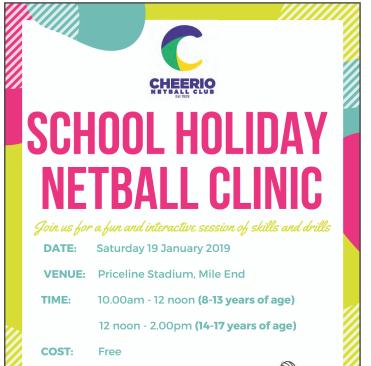
53 West Parkway, Colonel Light Gardens Michelle ph: 0412156140 email: coe22@adam.com.au

#### Now taking enrolments for 2019

Dance classes in Modern, Jazz, Tap and CSTD Exams

Taking students from 3 years of age.

A fun, friendly environment and a great place to learn to dance



To register or for more details visit: cheerionetball.com email: headcoach@cheerionetball.com phone: 0452 387 003

# HE GREATEST SHOW

Mean Girls (ATS) THE GREATEST SHOWMAN MADAGASCAR Fame

and much more .....

MUSIC THEATRE CAMP JANUARY 12, 18, 19, 20 MTC & SPOTLIGHT 2019 MICHAEL MURRAY CENTRE Westminster School

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spotlight

BRIGHTON CITY BEACH VICTOR HBR GLENELG

Volleyball SA are pleased to be running a number of School Holiday Clinics these summer school holidays. Holiday Clinics are great for volleyballers who would like to stay involved over the break and are also perfect for those looking to try a new sport!

Aimed at both boys and girls aged 8-13 years old.

For more information on all the clinics we are offering or to register visit the VSA website below!

www.volleyballsa.com.au/szclinics

FOR MORE INFO GET IN TOUCH! PHONE: 8363 1265 EMAIL: JUNIOR@VOLLEYBALLSA.COM.AU

## **COMMUNITY NEWS Cont...**



## COLONEL LIGHT GARDENS FOOTBALL CLUB NEW JUNIOR PLAYERS WANTED!

We are seeking new players to join our family focussed club, where the emphasis is on participation, fun and the development of skills of our Junior footballers. Boys teams all age groups Auskick-U16.5 and Girls teams U12 to U16

EST 1926

## To find out more join us on our **REGISTRATION DAY**

## Monday 4 February 2019 5.30 - 6.30pm at Mortlock Park, Colonel Light Gardens

<u>Access the registration form</u> here Enquiries to Andrew, Junior President <u>adrwilson78@yahoo.com.au</u> or Sarah, Junior Registrar junior.registrar@clgfc.com.au

