



AFTER SCHOOL SPORT



Ask about what you can do as a parent to help make after school hours sport happen....



PUT YOUR HAND UP AND SAY YES, I WISH TO VOLUNTEER!!

Site opens for registrations on **Monday 10th December** at:

SUMMER SEASON SPORTS	http://www.trybooking.com/ZUJJ	REGISTRATIONS CLOSE: FRIDAY 8 th FEBRUARY 2019
WINTER SEASON SPORTS	http://www.trybooking.com/ZULZ	REGISTRATIONS CLOSE: FRIDAY 29 th MARCH 2019

- **How much does it cost?** In 2018 the Governing Council approved an increase in fees for 2019 due to rising costs including registration, umpiring, uniforms, equipment, end of year breakup, etc. This is the first increase in price in over 8 years and is very reasonable when compared to local sporting clubs. Basketball will cost **\$30** for the year and players will pay a weekly entrance fee (around **\$5**) at the stadium. All other sports will be **\$90** for the season.
- **Coordinators are required for each sport.** These volunteers will work collaboratively with Kim Boothey (After School Sport Manager) and be the first point of contact for coaches, team managers for their respective sport.
- **All teams require a coach and a team manager.** These will be parents of players in the team. No previous experience necessary. Teams will not be able to play if they do not have a these roles filled. Team managers will be responsible for communication, uniforms and equipment.

SUMMER SEASON SPORTS PARENT COORDINATORS					
Sport	Term 1	Term 2	Term 3	Term 4	Parent Coordinator
Basketball					Jennifer Tirrell
Cricket					Timothy Letcher
Softball					VOLUNTEER REQUIRED

If you have any questions or would like to volunteer for a role, please email Kim Boothey at: sport.CLG801@schools.sa.edu.au

SUMMER SEASON SPORTS INFORMATION:

BASKETBALL - Summer (Terms 1 & 4) and Winter (Terms 2 & 3)

- Games are 30 minutes long and played on a Wednesday afternoon – after school at either Springbank Senior College (Pasadena HS) or Marion stadiums.
- Teams may have a midweek practice based on the availability of courts and the discretion of the coach
- Teams are often mixed with boys and girls playing together
- Emphasis is on having fun, learning skills and team work
- Younger teams have modified rules and equipment.
- A school singlet will be provided but players will need navy shorts without pockets.

CRICKET - Summer (Terms 1 & 4)

- In year 2/3 players play Kanga, which focuses on fun and participation played on Fridays at Glandore Oval
- As players get older, rules and equipment change to suit their age and ability.
- **C-Grade (Years 4/5)** played on **Friday nights** at various local schools. Springbank Secondary College (Pasadena HS) is our home field.
- **A-Grade (Year 6/7)** and **B Grade (Year 5/6)** is played on **Saturday mornings** at various local grounds. Pasadena is our home field. These teams practice at **Springbank Secondary College** (formally Pasadena HS) on Wednesday nights after school.
- Kanga players wear their school uniform. Older grades will need to provide their own cricket whites and hats

SUMMER SEASON SPORTS INFORMATION Cont...

SOFTBALL - Summer (Terms 1 & 4)

- Softball is only available to students in **Year 3 and above**.
- In younger grades we play with a few modified rule modifications and with a softer ball.
- All players bat and field and in younger grades pitching is by adults, whereas in senior level, players pitch.
- Coaches are active during play directing players when to run and where to throw the ball
- Games duration is **1 hour played on a Saturday morning** at local schools or Mortlock Park
- Teams will have a **1 hour practice after school once a week**, with the day to be determined by the coach
- The school provides playing tops and equipment, players need to supply their own blue shorts and mouthguards are recommended.

WINTER SEASON SPORTS INFORMATION:

WINTER SEASON SPORTS PARENT COORDINATORS

Sport	Term 1	Term 2	Term 3	Term 4	Parent Coordinator
Basketball					Jennifer Tirrell
Soccer					David Brammy
Football (AFL)					VOLUNTEER REQUIRED
Netball					Elisa Holt & Brooke Hill

If you have any questions or would like to volunteer for a role, please email Kim Boothey at:
sport.CLG801@schools.sa.edu.au

NETBALL - Winter (Terms 2 & 3)

- Games consist of **four ten minute quarters** and are played on **Saturday mornings at 10.10am**
- Players are placed in **teams based on their year level**.
- Games are played at our courts or local schools in the local area. Teams will **practice after school one a week**.
- **Modified NETTA Rules are used for Year 2/3 players** including: lower goal posts and smaller balls, players are allowed **up to 6 seconds** to throw the ball, shuffling on the spot to gain balance before throwing, but without moving down the court, one player may defend any other player at one time, defending player must be 1.2m (4 feet) away from the player with the ball and all shots for goal are to be undefended.
- The school will provide a netball dress to be returned at the end of the season.

FOOTBALL - Winter (Terms 2 & 3)

- **All teams will be amalgamated with Westbourne Park Primary School in 2019.**
- Games are on **Saturday mornings** at various local primary schools.
- Training nights will be determined by the coach of each team.
- Modified rules are used, including a **no-tackle policy**
- In younger grades, parent/coaches are allowed out on the ground during games to give the kids pointers
- There are specific zones to teach players where they should be on the ground
- The ground and goal posts are smaller for younger grades so players don't feel out of their depth
- Guernseys will be provided, players will need to provide their own shorts, socks, boots and mouth-guard

SOCCER - Winter (Terms 2 & 3)

- **8 players** are on the field in the under 8's and **9 players** in the under 9's. The field and goals are smaller than a standard soccer field.
- Matches are played on a **Saturday morning**, usually around **9am** at local schools
- **Matches are 40 minutes long** with modified rules to keep the game going and get everyone involved.
- **One training session (1 hour) will be held each week**. Usually straight after school on a weeknight
- The school will provide a top and all training equipment. Players will need to provide black shorts, black socks, shin guards, soccer boots and a mouthguard.